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中國少林武藝中心

[www.Shao-Lin.com](http://www.Shao-Lin.com)  
[www.GoShaolin.com](http://www.GoShaolin.com)  
[1-800.Shaolin](tel:1-800-Shaolin)

SHAO-LIN KUNG FU & TAI CHI

All Events to be  
held @ CSC Denver  
Kwoon (School)



# 心意拳 Hsin I Ch'uan

## “HEART WILL FIST”

### ADVANCED INTERNAL FORM!

**Sunday, 12/10, 2017 2PM**

*Taught for the first time at the  
Chinese Shao-Lin Centers!*

**OPEN TO ALL CSC STUDENTS!**

**DON'T MISS IT!**

**Festival Fee - \$80!** (if paid by the day of the class)

**REGULAR CLASS FEE - \$100** (if paid after the day of the class)

The Art of Hsin I Ch'uan is thought to have been developed by the Famous General Yueh Fei, and is the predecessor to the more well-known Internal Art of Hsing I Ch'uan. It has both empty hand and weapons. Like our Liu Hsing Chuan (Meteor Fist) and Wan Liang Hua (10,000 Lotus Blooming), it is seldom seen or taught. Most styles of ancient Kung Fu are very obscure, and actual details of origin are lost in antiquity! Hsin I became a prominent Internal fighting system within the Shaolin Temples during the Ming and Ching Dynasties. As with all Internal Arts, it cultivates and utilizes Chi within the body, for its power, and for health!

*Attire: Complete  
Uniform with all  
patches!*

\*This form may not be  
taught between students.  
Material may not be  
demonstrated, shown,  
nor reproduced in any  
manner, by any student!



**“Tien Hsueh – Time Related Points” III of III**  
**“Hit the BronzeMan” Dim Mak with Solutions Open to: 4<sup>th</sup> Blacks & Above Seminar Fee: \$50**  
5pm-8pm

### **SCHEDULE OF EVENTS (to be held @ CSC Denver Kwoon):**

**8am – 11am: Black Belt PreTest** (Senior Black Belt Panel Required)

**12noon – 2pm: Brown Test** (Black Belt Panel Required)

(Brief 2019 China Trip meeting following the Testing)

**2pm – 5pm: “Hsin I Ch'uan – Heart Will Fist” Seminar**

**5pm-8pm: “Tien Hsueh – Time Related Points” III of III 4<sup>th</sup> Black & Above**



**8<sup>TH</sup> DEGREE  
BLACK BELT  
ELDER MASTERS**